

GRAM SABHA INITIATIVES UNDER SAMPOORNATA ABHIYAN: A FOCUS ON NUTRITION AND SOCIAL ISSUES

As part of the ongoing Sampoonata Abhiyan campaign, several Gram Sabhas were organized across various Gram Panchayats (GPs) in the Narnoor Block. These initiatives aimed to address critical issues such as nutritional food consumption, anemia, and child marriage, while emphasizing the importance of proper nutrition for mothers and daughters.



Nutritional Campaigns:

Recently, nutrition-focused campaigns were conducted in Narnoor, Khampur, and Gundala GPs. These campaigns were designed to promote the consumption of nutritious food, which is essential for improving the health and well-being of both mothers and their daughters. By educating the community about the benefits of a balanced diet, the campaign aims to combat anemia and improve overall health outcomes.

Key Objectives:

1. **Eliminating Anemia:** The campaign focused on educating families about dietary practices that can help eliminate anemia. Emphasis was placed on incorporating iron-rich foods into daily meals and addressing nutritional deficiencies that contribute to anemia.
2. **Addressing Child Marriage:** Another significant aspect of the campaign was to discourage child marriages. By raising awareness about the adverse effects of child marriage on health and education, the campaign seeks to prevent and eliminate this practice, ensuring a brighter future for young girls.

Event Highlights:

The Gram Sabhas were attended by notable dignitaries, including MPDO Narnoor Shri Jawaharlal Garu and CDPO Shardaha Madam. Their presence underscored the importance of these initiatives and provided valuable support to the campaign. The events also saw participation from supervisors, Anganwadi teachers, beneficiaries, Panchayat Secretaries, and other staff members.

The collaborative effort involved:

- **Interactive Sessions:** Discussions on the benefits of nutritious food and the impact of anemia on health.
- **Workshops:** Training sessions for Anganwadi workers and community members on promoting better dietary practices.
- **Community Engagement:** Active participation of local residents in addressing and resolving issues related to nutrition and child marriage.

Impact and Future Steps:

The Gram Sabhas have had a positive impact on raising awareness and promoting healthier lifestyles within the community. Moving forward, the Sampoonata Abhiyan campaign will continue to focus on these critical issues, ensuring that the benefits of proper nutrition reach every household and that social practices harmful to young girls are effectively addressed.

The support and involvement of local leaders and community members have been instrumental in the success of these initiatives. Together, they are paving the way for a healthier, more informed, and empowered community in Narnoor Block.